

After-Care Instructions: Temporary Crowns and Bridges

You have just received a temporary crown. This temporary is meant only to serve your needs while a permanent crown is being made for you. The color of the temporary crown does not resemble the permanent crown in any way. The temporary crown, while custom made for every individual, does not have the same shape and size of the permanent crown. Your temporary crown is made to protect the tooth while the permanent is being fabricated at the lab. Since the temporary does not fit your mouth like the permanent will, you may notice sensitivity to heat, cold and sweets—sensations you won't feel when your specially made crown is in place.

Here are some other things you need to know about your temporary crown:

1. The temporary cement requires about 30 minutes to set. Please do not chew during that period of time.
2. Certain foods will stick to the temporary crown. So please refrain from chewing gum or other candies or foods that might stick to the crown—or even pull it out.
3. Temporary crowns are not strong. They may occasionally break or come off. If this should happen to you please contact our office immediately, bring your crown with you and we will replace it. Should you be unable to contact us, simply go to a pharmacy and get some Fixodent. Replace the temporary crown on your tooth using the Fixodent to hold it in place until you can contact us.
4. Please do not leave the temporary crown out of your mouth. Without the temporary crown your teeth may move and then the permanent crown may not fit!
5. Do not brush or floss too vigorously around your temporary crown. Remember it is important to keep the area clean—but use caution and a gentle touch.

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