

**After-Care Instructions: Prescription Strength Mouthwash**  
**(Chlorhexidine Gluconate Oral Rinse, 0.12%)**

**Patient Usage**

This mouthwash has been prescribed to you to help reduce the redness and swelling of your gums. It also may help in the reduction of bleeding.

Use the irrigation solution twice a day after cleaning with your Rotadent or toothbrush, pickbrushing. Be sure to floss regularly and if you have any questions or comments please contact our office.

**Directions for Use**

- ❖ Fill your prescription as soon as possible.
- ❖ Rinse a day (after breakfast and before bedtime) following daily cleaning and flossing.
- ❖ Rinse thoroughly with 1/2 oz. for exactly 30 seconds, making sure all areas around the mouth are reached.
- ❖ Do not eat, drink, or rinse for 30 minutes after using mouthwash.
- ❖ Continue using each day until directed to discontinue use.

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